

## Supplementary Material

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**Table i.** Frequencies of specific fracture locations.

Fracture location	Control	Intervention	Total, n (%) (n = 292*)
<b>Upper limb</b>	<b>118 (50.0)</b>	<b>118 (50.0)</b>	<b>236 (80.8)</b>
Distal radius	73	65	138 (58.5)
Distal ulna	17	17	34 (14.4)
Hand	15	18	33 (14.0)
Distal humerus	6	8	14 (6.0)
Proximal radius	3	5	8 (3.4)
Midshaft forearm	1	3	4 (1.7)
Proximal ulna	1	1	2 (0.8)
Proximal humerus	1	0	1 (0.4)
Other	1	1	2 (0.8)
<b>Lower limb</b>	<b>26 (46.4)</b>	<b>30 (53.6)</b>	<b>56 (18.2)</b>
Foot	8	9	17 (30.4)
Ankle	4	10	14 (25.0)
Proximal tibia	3	2	5 (8.9)
Midshaft tibia	2	2	4 (7.1)
Other	9	7	16 (28.6)

\*The 255 patients who were included had 292 fractures in total.