

Standardized language benefits research, patients, and clinical teams. These recommendations have been agreed by all major stakeholders involved in the patient pathway after injury, including the patients themselves.

### 1. Non-weightbearing



### 2. Limited weightbearing

Additional requirements for **non-weightbearing** and **limited weightbearing**:



#### Clinical Justification

Treating teams / surgeons should provide a clinical rationale for the limitation



#### Quantification

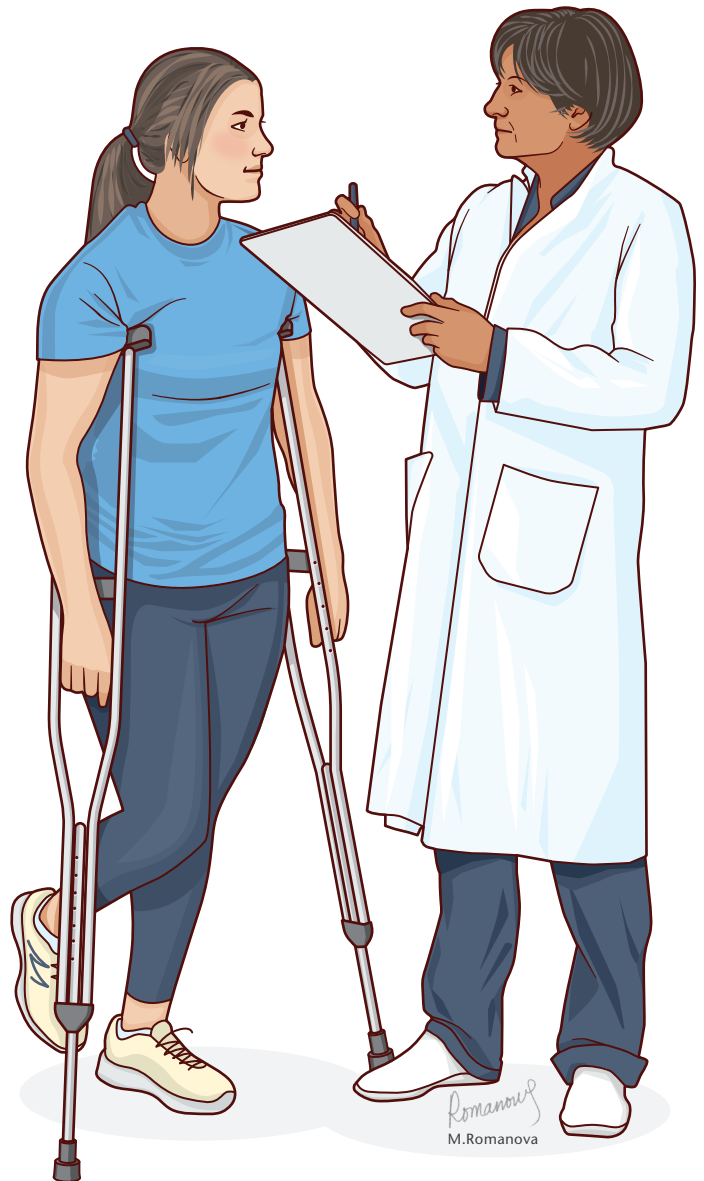
What the limitations are...  
These should be functional (i.e no stairs, no sports), or distance (i.e. bed to chair, indoor only).



#### Duration

How long do these limitations need to last, and when are they due for review?

### 3. Unrestricted weightbearing



Avoid historic terms such as **partial, permissive, progressive, touch** and avoid **% and kg**

